



# Ohio Buckeye Dowsers

## of the American Society of Dowsers, Inc.

Volume 11, Issue 2

This month's topics: Gift of Light Expo, BodyTalk, Yuen, Bud Brooksieker

March/April 2008

April 27, Sunday—First meeting of the year at Fry's farm

Since I've moved to Columbus, I've taken advantage of attending some of the different organizations in town which have lead me to interesting experiences.

The **Gift of Light Expo** was on March 15-16 at the Vets Memorial. I signed up as a speaker (free admission— save \$8) and talked about pendulum dowsing to 6 people. The whole event was not heavily attended and the workshops were all low in attendance. Diana Stahl was there with her husband. They had a booth. There were many spiritual readers. I usually don't buy much. This time I did buy a magnetite necklace, and two stones: hematite and a garnet. I bought them because they "felt good" and dowsed positive using the pendulum. When I got home I looked them up on the Internet:

### **Garnet**

Garnet from India, partially polished

Corresponding Astrological Signs: Leo, Virgo, Capricorn, **Aquarius**

It is used in metaphysics to enhance sensuality, sexuality, and intimacy. It is said to bring positive thoughts and **boosts energy**, and be excellent for manifestation. It can also assist mystically with success in one's career and building one's **self-confidence**. It is also a protective energy stone which is especially effective for protection from evil, and is used for gentle spiritual healing. Lore says that garnet can heal the **blood**, heart and lungs. Garnet is associated primarily with the **root chakra**, but also with other chakras depending on its color.

### **Magnetite (Lodestone)**

Lodestone (Magnetite) is used in many ways. It can align the chakras, and balance yin/yang energies. It is used to lessen or dispel grief, fear, anger, confusion, and attachment. It helps relieve burdens and **increase energy** and endurance. Lodestone has a receptive, attracting energy that attracts power, as well as good fortune, and love. Lodestone is related to the astrological signs of Aries, Capricorn, **Aquarius**, and Virgo. It is said to strengthen the circulatory system, help with **healing blood** and bleeding problems, alleviate pain, boost the immune system, relieve agitation and depression. Legends say: Enhances one's environment and receptivity; eliminates confusion of purpose; balances unexpected occurrences; promotes motivation and **confidence**; eliminates insecurity and dependence.

### **Hematite:**

Properties: This crystal is the most recommended stone for

grounding and is associated with the **Root Chakra**, by encourages ones survival instincts and is centering. Hematite condenses scattered feelings, turns fuzziness into mental clarity, enhances concentration, memory, practicality, helps those who study, do **bookkeeping**, **detailed work** and helps with **sound sleep**. Considered the symbol of life energy, hematite allows for **more confidence**, will power and boldness. Hematite is associated with the Spleen, **blood**, and cleansing. Hematite is considered the astrological birthstone for **Aquarius**.

- **No wonder they "felt good"!**

On one of the dowsing lists on the Internet, someone sent charts of the "Yuen" healing method. I had them emailed to me and looked up the Yuen website.  
<http://www.yuenmethod.com/>

### **The Yuen Method: Full Spectrum Healing**

Dr. Yuen is a chiropractor from California. He is also the Shaolin priest who was the advisor for the television series.

"Without a doubt, we live in a world where we want and expect instant gratification and results. We have become used to the idea of having immediate responses to many of our desires. Changes take place within our environment whenever we push a button, turn a key, or click the mouse on our computer. Should we expect anything less from our health? Our minds and bodies have the potential to undergo changes faster than any equipment made by modern technology. Only our knowledge, our imagination, and our ability to utilize what we have limits us.

"The Yuen Method™ energetic healing technique is a form of Chinese Energetic Medicine that has taken ancient Chinese healing and combined it with a blending of modern western knowledge including anatomy, physiology, structural analysis, energetic technique, quantum physics, Qi and Shen Gong Training. Dr. Kam Yuen D. C. developed his Yuen Method Of Chinese Energetic Medicine after a lifetime of study in the martial arts, working as a structural engineer, a Doctor of Chiropractics, and studying nutritional therapy and homeopathy. The premise of the Yuen Method Chinese Energetic Healing technique is that your body functions like a computer. You are either on or off, strong or weak to any given issue. Pain is a sign that something is wrong with the flow of energy in the body. Humans are multi-faceted beings with multiple levels of consciousness. The Yuen Method



works to make sure that all levels of consciousness are congruent so that pain may be eliminated immediately and goals attained. This is achieved by zeroing in on the root causes of pain or dysfunction and making energetic "corrections," thereby alleviating the condition with amazing speed.

Dr. Yuen invites you to meet and master the challenge of energetic healing. In a fraction of a second you can change your beliefs regarding illness and limitations as well as the true possibilities of healing and the time it takes to accomplish it. Learn the simple energetic techniques that take the mystery out of healing and say good bye to your former self. The results are nothing less than spectacular."

Yuen Method's goal is to educate and inform everyone on this planet of this realistic method that minimizes the need for drugs, surgery, and long term therapy. Aging is a treatable disease and state of mind. By using this methodology, rejuvenation and longevity can be achieved.

#### About Dr. Yuen

Dr. Kam Yuen is a Doctor of Chiropractics and has successfully treated over 300,000 patients in his career. He has been a keynote speaker, seminar leader, and teacher for over 15 years worldwide. He has lectured at the Chopra Center, the Learning Annex, various colleges and universities including chiropractics, naturopathic, acupuncture schools, and many other learning institutions. There are over 25,000 students of the Yuen Methodology.

Dr. Yuen was granted the title Grandmaster of Shaolin Tai Mantis Kung-Fu by his peers and has been featured on the covers of numerous martial arts and natural health magazines. He is featured as a living legend of the martial arts in the World Black Belt Organization by World-BlackBelt.com. Dr. Yuen is a world-renowned teacher of Kung Fu and for over a quarter of a century, specialized in medical and fitness qigong as a basis for the Yuen Method. Dr. Yuen is a pioneer and a foremost proponent of Chinese Kung-Fu even where there was no representation of this art in the USA. Over thirty years ago, he was selected among martial artists to be the advisor and stunt coordinator of the original Kung Fu TV series. He has appeared on the Jay Leno Tonight Show with David Carradine and has been featured on various TV programs such as Harcopy, Extra, Strange Universe, and "E", as well as countless radio shows.

Dr. Yuen is the author of "Instant Rejuvenation" "Instant Healing" and "Instant Pain Elimination." "Instant Pain Elimination has been approved by the Chinese Government and published in China. Dr. Yuen holds a degree in Chiropractics and Engineering."

Some well known people and celebrities Dr. Yuen has consulted are: Mrs. Martin Luther King, Stevie Wonder, Dick Gregory, Robert Deniro, David and Keith Carradine, Seal, Steven Seagal, Paula Abdul, Jack Canfield, Dan Millman, Louise Hay, Rev. Michael Beckwill, and famous former L.A. Dodger player and master golfer Maury Wills, as well as various L.A. Dodger players.

Today, Dr. Yuen is the owner, president, and CEO of Omstar D1280X, a twenty year old industry leading company in fuel reformulation. Omstar D1280X increases mile-

age, reduces maintenance for gasoline and diesel engines, reduces toxic emission, and improves the environment. It is the only fuel reformulation tested and passed by the California Air Resource Board (A Government Agency) to show promise of fuel economy and environmental improvement. See Econfuel.com and soon to be released OmstarE.com. This is a patented formula and process that is not duplicable by anyone today. Dr. Yuen was formerly an aerospace mechanical, structural, and automotive engineer. OMstar is presently in the process of introducing this product to be used to lower toxic emissions and environmentally clean the L.A. Harbors.

Dr. Yuen is an environmentalist, entrepreneur, real estate investor, and the founder of the Yuen Methodology. He has implemented a state of the art wellness program for "Anti-Aging, Rejuvenation, Longevity, and Fitness" and gets results that are not duplicable by any other methodology.

#### To Ensure Your Success:

**Our Vision** is seeing you create a better life for yourself because you were given the opportunity to experience "Pain Elimination" instead of "Pain Management".

**Our Mission** is: (1) To have qualified practitioners for you to consult (2) To offer you free initial lectures/demonstrations for pain elimination (3) To offer you pain elimination consult follow up's.

**Our Goal** is to make "Pain Elimination" available to you, family and friends. Offer consultations and lessons to learn, if you have the vision, mission, goal and commitment to eliminate pain.

**Our Commitment** is to free you from pain:

- If you are open, having no fear of this new state-of-the-art method.
- If you are willing to invest in yourself to get better.
- If you are willing to do whatever it takes to be pain free and help others to be pain free.

Are you motivated and ready to take action?

This method when utilized can revolutionize today's worldwide pain management crisis. Many who attended our free presentation; workshops or clinics get their pain eliminated from their body, mind and spirit. Give us a room of sufferers who have headaches, neck, back, arthritis, joint, carpal tunnel syndrome, fibromyalgia, post surgical pain, depression, phobia, digestive and respiratory disorders we will eliminate it for free as everyone's initial introduction. We are willing to accept the challenge, are you?

*"Twenty years ago I was diagnosed with chronic fatigue and fibromyalgia. In one treatment by the Yuen Method my condition is completely resolved and I've had no pain, stiffness and normal vitality. I have my life and my youthfulness back!"*

Our declaration as the best is not meant to berate other healing modality and motivational programs. People seeking relief and solution deserve a whole lot more. They are expecting results not rhetoric. If we cannot deliver, we

ought to find another line of business! Yuen Method pinpoints the source, causes and reasons of mind, body spiritual pain and dysfunctions, resolving them on the spot from a distance. It is time for everyone to recognize and embrace our human potential to be better.

The Yuen Method produces instantaneous clinical results in virtually all forms of “disease”, which may be induced physically, mentally and spiritually. It is effective for all health and life challenges. It is common for “disease” that have not been responsive to other energetic/alternative/conventional methods to resolve in a few minutes by this method. The quickness in obtaining results is gratifying. It resolves them simply and quickly. It produces results when others have not. Obviously, there are those who would not respond by any treatment, it is also true of this method; but these non-responses are uncommon. Many come to us when they haven’t gotten result anywhere. It gets undisputable results, when conventional method may be ineffective, costly and dangerous. This can be your first and last choice to consider when you have been everywhere. It is safe, effective and economical for the improvement of all your health and wellness needs.

Our list of results includes all musculo-skeletal pains, allergies, asthma, emphysema and pneumonia; chronic degenerative disorders, arthritis, MS, Crohn’s disease, IBS, gastric reflux; infectious, autoimmune, additions; emotional and psychological disorders, ADD, ADHD learning disabilities and neurological disorders.”

From the Yuen book:

#### **Self correction**

1. Being connected to your own energy flow
2. Centeredness, balance, stability
3. Accessibility to own energy
4. Readiness for healing process
5. Sensitivity/relaxation – more sensitive when more relaxed

#### **Food combination Weakness Checklist**

1. Test for proteins with carbohydrates
2. Test for proteins with fruits
3. Test for proteins with vegetables
4. Test for carbohydrates with fruits
5. Test for carbohydrates with vegetables
6. Test for carbohydrate with fats
7. Test for proteins with fats
8. Test for fats with vegetables
9. Test for fats with fruits

#### **Need for Supplements**

1. Vitamins
2. Minerals
3. Amino Acids
4. Non-essential amino acids
  - Glutamine acid
  - Cystine
  - Glycine
5. Essential fatty acids
6. Presence of poisonous heavy metals

Lead  
Mercury  
Arsenic  
Cadmium  
Copper  
Aluminum

1. Test to see if the nutrients are appropriate for you
2. Test to see if there is a need for a specific nutritional support and if there is a biochemical need for taking it.
3. Test for the correct distribution of the nutrients to those parts of the body that are in need of the nutrients
4. Test for any inhibition of the transport of the nutrients across the cellular membrane.

#### **Habits and addictions**

Undesirable habits are supposed to test weak. If a person has a strong response to a particular harmful habit, a correction should be made to weaken the response.

**Some issues that might respond strong in an addicted person are listed below. These are for alcohol. Adjust for other addictions. These must be corrected to respond weak:**

- Think about drinking
- Desire to drink
- Think about desirable situations associated with drinking
- Memories of drinking
- Enjoying being a drunk
- Enjoy being out of control

The following must be corrected to respond strong:

- Staying sober
- Not drinking
- Avoiding drinking and situations
- Not influenced by advertisements for drinking
- Memories of not drinking
- Dislike being drunk
- Dislike being out of control
- Production of neurotransmitters: endorphins, serotonin, and neuropeptides.

I ordered 3 of Dr. Yuen’s books and I just started to read them when I went to a lecture about “BodyTalk”. The chart she had on display in front of the room looked a lot like the Yuen charts.

[www.bodytalksystem.com](http://www.bodytalksystem.com) **The Body Talk™ System**

“The BodyTalk System™ is a comprehensive system of energy medicine that effectively accesses, supports and enhances the body's innate ability to heal itself. BodyTalk utilizes a combination of ancient principles and modern techniques to re-establish or enhance the synchronization and

harmony of the bodymind. BodyTalk treatments are gentle, safe, fast, and effective.

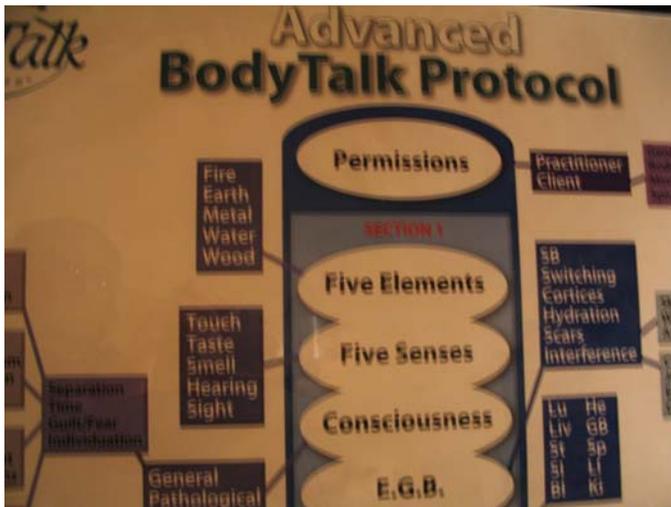
“As of 2006, BodyTalk has become one of the fastest growing health care systems in the world. It is currently being taught in 30 countries and nine different languages. BodyTalk can be used as a stand-alone system to treat many health problems, or seamlessly integrated into any health care system to increase its effectiveness and promote faster healing.

“BodyTalk has become a major breakthrough in how we understand health care. The BodyTalk system incorporates the very best of energy medicine, ancient wisdom, science and medical knowledge and applies it in a simple, safe and effective way to address a wide spectrum of health concerns.

“How does it work?”

“The fundamental premise behind The BodyTalk System™ is that our health is based on the synchronization and harmony of the physical and energetic functions that make up our body and mind. There are billions of synchronized activities that need to take place in every moment to keep the body in good health - at physical, emotional and mental levels. If even one of these activities becomes compromised due to the stresses of daily life, then we begin to experience distress, disease and illness.

“The BodyTalk System™ enables the practitioner to



contact and activate the innate healing ability of the body by locating and repairing its compromised communication circuits. Any type of stress - physical, emotional, mental or dietary - can cause communication breakdowns in the body. The practitioner establishes the location of these weak “circuits” or “links” by using a subtle form of biofeedback. Practitioners follow a comprehensive protocol of questions to determine which of these imbalances need to be addressed and in what order.

“Treatment or balancing then utilizes gentle tapping techniques to draw the brain's awareness to areas of miscommunication in the body. This "linking" allows an energy shift to occur, enabling the body to restore the necessary lines of communication. As a result, the various systems and func-

tions of the bodymind become re-synchronized and balanced, which restores the body to optimum health and well-being. With its focus returned to the priorities of health and healing, the body is able to heal itself as nature originally intended.”

She demonstrated one technique of BodyTalk which was placing her hand on five different positions on the head and tapping different body parts. I called and made appointment. I have had two appointments.

It uses dowsing extensively. At the appointment I laid down on my back on the table. My right arm was relaxed across my body. I was to think of something else. She first “programmed” my arm to give “yes” and “no” answers. She would bounce my arm off my body slightly. If it barely moved it was “no”. If it moved a lot, it was “yes”. She worked through her chart muscle testing on each item. When she found something that needed to be treated, she would then use the BodyTalk tapping techniques.

At the first session, my urinary system came up and anger was the problem. At whom was I “pissed off”? My ex-spouse quickly came to mind. She told me to think about him. A great deal of anger came to my mind. She used the tapping technique and I could feel the anger disperse.

My solar plexus came up. There it was “my mother” who is deceased. Unexpressed grief.

My lungs and breathing. Issues with my ex again. My nose and smelling. Issues with my ex again.

There were a few other items addressed in the first session which took about an hour. I don't remember what they were.

That night I was so wound up that I didn't sleep at all. Went to work. Wasn't tired all day. Was overtired that evening and was a bit cranky...

The second session was very different. No emotions came up. It was mostly the “connection” between body parts and/or body parts and the brain.

Any changes from the second session were very slight. I have another appointment on April 15th which may have some significance since I worked seasonally doing income taxes for many years.

From *Instant Healing* by Yuen:

“Disease is no more than the subconscious blocking your own natural process and energies to remain connected to the energies of the universe.

“When you remain connected, you continue to have an innate understanding of how you fit into the universal scheme and remain free of ailment and disease.

“When you resist being part of the changing universe, disease manifests itself in your life. When you over-guard, over-protect and over-stress yourself in resisting and refusing to abide by the changing orders of the universe, you inevitably disconnect from the energy source, leading to physical, mental, and other incomprehensible disorders.”

“The more precisely you can pinpoint the exact causes, the more instantaneous the changes.”

“You start by thinking of all the possible underlying causes of an illness or injury. Test each one of those possible

causes to determine if you remain strong or are weakened by them. – Identify the exact causes of any health crisis by energetic testing via the muscle test, finger/thumb test, or mental test. (Remember that you cannot correct what you cannot identify.)”

“At the root of every habit you’ve ever tried to break is inner conflict, not a lack of motivation or willpower.”

“Everything in life is energy; your thoughts, emotions and sexuality. You can change the condition of your life with energy. Energy can also be used to change your internal environment, your body, and your mind. Chi is oxygenation and the energy that’s vital to your well-being. Chi can also be thought of as the life force.”

“Your body is essentially composed of energy circuits; without them you would not be alive or exist. Not all of them are connected correctly.”

“Energy supports matter and life in the universe. Energy and matter interchange with each other as indicated by Einstein’s equation:  $E=MC^2$ .

“It is wiser to put the trust in yourself by testing energetically than blindly following the educated guesses of another. Heavy doses of medication and fancy “high tech” diagnostic equipment and procedures have never rejuvenated anyone. Have you known anyone who has regained his health and remained healthy by staying on medications?”

The Yuen Method uses dowsing to find a spot on the back that needs correcting. Think of it like a switch. You mentally send energy to the spot to flip the switch. The Body-Talk System uses tapping on the body to make the correction. When we have dowsed energy lines and wish to make a change, we have used thought or prayer. I tried using prayer to make a change. It works. Both Yuen and BodyTalk methods are a bit complicated in that they have long lists of items to dowse. But Dr. Yuen points out that we only need a very small amount of energy to make a correction when we have dowsed to determine exactly what the real source of the problem is.

**Herman Henry “Bud” Brooksieker**  
**Engineer, Metta Physician**  
**“Renaissance Man” and “Teacher of Teachers”**  
 Age 81 years  
*ReBirth: Feb 04 2008*

Most currently a resident of the west side, Bud spent most of his early years on the east side. He achieved an under graduate in engineering from Purdue University and a doctorate in law from Marshall School of Law.

He was most proud of the department of engineers he managed for CEI for 38 years. Not one to stop at retirement, he opened and co founded with Lee Henn Pathways in Lakewood and Awareness Associates. As an international speaker and workshop facilitator and presenter he was instrumental in opening doors and windows for many. He was an American Society of Dowsers trustee, a member of MENSA; an Elder in the On Time Community and known as Skano-hagwa, in the Seneca Wolf Clan Teaching Lodge as well as a

long time proponent of the Creative Problem Solving Institute and Association For Humanistic Psychology. [*I had never heard of these organizations, so I looked them up on the Internet. Info below...*] A gifted musician and lover of books and learning, His favorite place to be was out with the trees or at the library. He especially loved the Berea Library and its librarians.

Survived in life by his Loving wife Renie (nee Irene Mazetis), Beloved children David (Eve) and Jane, Treasured grand children Robert, Erica and Saige, Valued Nephews and Nieces: Michael, William, Vicki and Patty; Special women Ayn, Beverly, Ingrid, Julie, Joelle and Lee; and many dear friends and associates.

In lieu of flowers a contribution may be sent for the Bud Brooksieker Memorial Tree Fund. In care of the Rose Garden Respite Center, 11824 Milan, Cleveland Ohio 44111

**A Celebration of Bud’s Life will take place: February 16 2008, Beginning at 4 PM**

Meadowood Club House  
 10901 Albion and Gatepost  
 Strongsville Ohio 44149

A drumming will follow...

*All are welcome to come to any or all of the celebration!*

If you cannot join us physically and have some thing you would like shared, please send or call renie 440 897 0505 - brooksieker@yahoo.com

<http://www.zodiacarts.com/OnTime.shtml>

**The 'On Time' Community** was birthed from the monthly 'On Time Workshops' taught by the late Robert 'Buz' Myers. One of Buz's main purposes was to support community work through the teaching of circles, phases and cycles. To that end he originated the first 'On Time' Gathering in October 1993 calling it a Seven Day Intensive. The 'On Time' community has become a co-creative group of individuals who support each other in the study and practice of lunar phases, planetary cycles, wholistic theories and the healing arts. The annual gathering is sponsored by For Purpose, Inc, a not-for-profit organization chartered to enhance the environment for alternative healing procedures, through education and training.

[http://www.cpsiconference.com/what\\_is\\_cpsi.cfm](http://www.cpsiconference.com/what_is_cpsi.cfm)

**Creative Problem Solving Institute—CPSI®** was the brain child of Alex Osborn, the inventor of brainstorming and Creative Problem Solving, co-founder of advertising firm BBDO, and the founder of Creative Education Foundation®. CPSI® is the oldest and longest running conference dedicated to the teaching and practice of creative skills. CEF's mission is to help individuals, organizations and communities transform themselves as they confront and solve real-world challenges. We work throughout the world to further the theory and practice of Applied Imagination. From our deep knowl-

edge of the nature of human creativity and our long experience of applying what we know about the creative process, we teach individuals and organizations how to think and act more creatively so that they can have fresh insights, make better choices and effect positive change at home, at work and in their communities. At the core of CEF's mission is the desire to promote realistic, practical and creative means for making the world a better place.

<http://www.ahpweb.org/>

**The Association for Humanistic Psychology** is the voice of ordinary people with an extraordinary vision for a more conscious and humane global society. Founded in 1962 as a bold new affirmative approach to psychology and life. Humanistic Psychology is a contemporary manifestation of that ongoing commitment. Its message is a response to the denigration of the human spirit that has so often been implied in the image of the person drawn by behavioral and social sciences.

The Association of Humanistic Psychology is a worldwide community of diverse people promoting personal integrity, creative learning, and active responsibility in embracing the challenges of being human in these times. Founded in 1962, AHP is grounded in the application of the tradition in psychology.

In the past 30 years, few approaches in psychologi-

cal thought have had as much influence on our culture as humanistic psychology. AHP members are proud that humanistic psychology has directly inspired many people's quest for personal growth and health, and is continuing to do so all over the world.

Our members are drawn from every continent and equally as many professions. AHP naturally attracts therapists; we also attract teachers, healers, consultants, body workers, lawyers, social workers, public servants, corporate managers, activists, futurists, and politicians. This means that personal encounter and social responsibility are at the heart of what we do. At a time when boundaries between human sciences are starting to breakdown, humanistic psychology is actively developing a shared vision among diverse communities.

Core Values AHP members are linked to each other by a shared set of values:

- a belief in the worth of persons and dedication to the development of human potential.
- an understanding of life as a process, change is inevitable.
- an appreciation of the spiritual and intuitive.
- a commitment to ecological integrity.
- a recognition of the profound problems affecting our world and a responsibility to hope and constructive change.

## Ohio Buckeye Dowsers

c/o Barbara F. Gregory  
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Harvey Lisle